



**نام و نام خانوادگی:** دکتر معین بشیری

**رشته تحصیلی:** علوم و صنایع غذایی

**رتبه علمی:** استادیار

**آدرس:** گروه علوم و صنایع غذایی، دانشکده علوم تغذیه و صنایع غذایی دانشگاه علوم پزشکی کرمانشاه، کرمانشاه، ایران

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### اطلاعات فردی

علایق: تدریس ، بازاریابی ، مشاور صنعتی ، ورزش (شنا ، پینگ پنگ ، والیبال ، دوچرخه سواری)  
خصوصیات: آماده کار تیمی، سخت کوش ، سریع ، دقیق ، انگیزه بالایی برای یادگیری، منظم.

### تحصیلات عالی

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|---|---|
| • دانشگاه علوم پزشکی شهید بهشتی   | ۱۳۹۶-۱۳۹۹ □                                     |
| • استاد راهنمای: دکتر هدایت حسینی عنوان پایان نامه: اanaliz خطر افلاتوكسین ها در غذای کودک در ایران                         | دکتری تخصصی علوم و صنایع غذایی گرایش کنترل کیفی |
|   |   |
| • دانشگاه علوم پزشکی شهید بهشتی   | ۱۳۹۰-۱۳۹۳ □                                     |
| • استاد راهنمای: دکتر هدایت حسینی   | کارشناسی ارشد علوم و صنایع غذایی                |
| • عنوان پایان نامه: بررسی میزان امین های بیوزن در گوشت بوقلمون و بررسی میزان تغییرات آن بعد از عمل اوری و فرایند های حرارتی | غذایی   |
|   |   |
| • دانشگاه علوم پزشکی شهید بهشتی   | ۱۳۸۶-۱۳۹۰ □                                     |
| • کارشناسی علوم و صنایع غذایی   | کارشناسی علوم و صنایع غذایی                     |

### زمینه های اصلی تحقیقاتی

- آنالیز الاینده های شیمیایی (مايكوتوكسين ها و فلزات سنگین)
- آنالیز خطر آلاینده های شیمیایی

## مهارت ها

زبان •	انگلیسی - فارسی
نرم افزاری •	STATA دیزاین اکسپرت ،

## مقالات منتشر شده

- ❖ Asafari, M., Nag, R., Hashami, Z., Taghizadeh, M., Hemmati, F., Hosseini, H., . . . Bashiry, M. (2025). How widespread and concerning is Ochratoxin A in wheat and flour? A systematic review and meta-analysis. *Food Control*, 175, 111288. <https://doi.org/https://doi.org/10.1016/j.foodcont.2025.111288>
- ❖ Sorayaee, D., Bashiry, M., Talatappeh, H.D. et al. How do culinary practices affect acrylamide level and quality in schnitzels? A health risk assessment study among an Iranian university population. *Food Measure* (2025). <https://doi.org/10.1007/s11694-025-03210-z>
- ❖ Hasanvand, S., Hashami, Z., Zarei, M., Merati, S., Bashiry, M., & Nag, R. (2024). Is the milk we drink safe from elevated concentrations of prioritised heavy metals/metalloids? A global systematic review and meta-analysis followed by a cursory risk assessment reporting. *Science of The Total Environment*, 175011. DOI: <https://doi.org/10.1016/j.scitotenv.2024.175011>
- ❖ Salim, S. A., Sarraf ov, N., Dana, Z., Hashami, Z., Afrah, A., Sadeghi, E., & Bashiry, M. (2023). A comprehensive image of environmental toxic heavy metals in red meat: A global systematic review and meta-analysis and risk assessment study. *Science of The Total Environment*, 164100. <https://doi.org/https://doi.org/10.1016/j.scitotenv.2023.164100>
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- ❖ Hashami, Z., Chabook, N., Javanmardi, F., Mohammadi, R., Bashiry, M., & Mousavi Khanegah, A. (2022). The concentration and prevalence of potentially toxic elements (PTEs) in cheese: a global systematic review and meta-analysis. *International Journal of Environmental Health Research*, 1-20. <https://doi.org/10.1080/09603123.2022.2153810>
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- ❖ Bashiry M, Javanmardi F, Sadeghi E, Shokri S, Hossieni H, Oliveira CA, et al. The prevalence of aflatoxins in commercial baby food products: A global systematic review, meta-analysis, and risk assessment study. *Trends in Food Science & Technology*. 2021.
- ❖ Bashiry M, Hoseini H, Mohammadi A, Sadeghi E, Karimian-Khosroshahi N, Barba FJ, et al. Industrial and culinary practice effects on biologically active polyamines level in turkey meat. *Quality Assurance and Safety of Crops & Foods*. 2021;13(2):67-78.
- ❖ Javanmardi F, Khodaei D, Sheidaei Z, Bashiry M, Nayebzadeh K, Vasseghian Y, et al. Decontamination of Aflatoxins in Edible Oils: A Comprehensive Review. *Food Reviews International*. 2020;1-17.

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- ❖ Salehi B, Sharifi-Rad J, Capanoglu E, Adrar N, Catalkaya G, Shaheen S, et al. Cucurbita plants: From farm to industry. *Applied Sciences*. 2019;9(16):3387.
- ❖ Ghasemi M, Sadeghi E, Moradi S, Bashiry M, Mohammadi R. Antibacterial Effect of Nisin and Satureja edmondi Essential Oil Alone and in Combination with each other on Growth of *Staphylococcus aureus* in Hamburgers. *Journal of Mazandaran University of Medical Sciences*. 2017;26(145):222-32.
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- ❖ Sadeghi E, Ebadi S, Karami F, Bashiry M, Sharafi H. PRODUCTION AND PRESERVATION TREND.

### پایان نامه ها و پژوهه های تحقیقاتی

#### پایان نامه ها

- The effect of DBD-cold plasma Falling water treatment and laccase enzyme on the reduction of patulin in apple juice, 2024. (Supervisor)
- Identification of butter adulterations in Kermanshah city by qualitative and quantitative analysis methods 2024. (Supervisor)
- Investigating the effectiveness of physicochemical and biological methods in reducing heavy metals in Zahedi dates and their juice 2024. (Advisor)
- The effect of DBD-cold plasma Falling water treatment on the reduction of aflatoxin B1 in soymilk, 2023. (Supervisor)
- The effect of cold plasma treatment on the reduction of aflatoxin B1 in oat, 2022. (Advisor)
- Investigating the reduction of aflatoxin B1 in sesame seeds by cold plasma method, 2022. (Advisor)

#### ▪ پژوهه ها

- Risk assessment of heavy metals in cheese globally, 2022.
- Systematic review and meta-analysis of concentration and prevalence of heavy metals in cheese, 2021.
- Prevalence and concentration of heavy metals in meat, a systematic review and meta-analysis, 2021.
- Investigating the effect of plasticizer concentration on the physicochemical, mechanical

and structural properties of chitosan-gelatin composite film, 2016.

- The effect of nanosilica as a binding agent on the physicochemical and structural properties of polyvinyl alcohol and gelatin composite film, 2016.
- Prevalence of Ochratoxin A in wheat and flour worldwide: A systematic review and meta-analysis, 2023.
- Prevalence of Campylobacter in raw and pasteurized milk worldwide: A systematic review and meta-analysis, 2021.
- Risk assessment of heavy metals in cereal-based baby foods in children in Iran, 2020.
- Systematic review and meta-analysis of the prevalence of Listeria monocytogenes in dairy products in the Middle East countries, 2019.
- Prevalence of aflatoxins in commercial baby foods: Systematic review and meta-analysis, 2019.
- Risk assessment of aflatoxins in cereal-based baby food in Iran and investigate its relationship with the components used in the product formula. 2020.
- A systematic review of aflatoxin detoxification methods in edible oils, 2019,
- optimization of polyamines extraction in turkey breast meat samples and optimization of curing agents' concentration on polyamines content in turkey breast meat, 2013.

کتب

۱۳۹۶ • درسنامه جامع صنایع غذایی ویژه داوطلبان آزمون ها تحصیلات تکمیلی

تدریس

- زبان تخصصی
- شیمی مواد غذایی
- مسمومیت مواد غذایی
- بهداشت مواد غذایی
- تکنولوژی قند
- تکنولوژی شکلات شیرینی و نوشیدنی