

School of Nutrition Sciences and Food Technology Kermanshah University of Medical Sciences



First Name: Khadije Surname: Abdolmaleki

Academic Rank: Assistant Professor

Address: Department of Food Science and Technology, School of Nutritional Sciences and

Food Technology Kermanshah University of Medical Sciences, Kermanshah, Iran

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Place of birth: Kurdistan Date of birth: 1983 Contact number: 37102009 Tertiary Education • 2015-2019 Ph.D. • Shahid Beheshti University of Medical Sciences, Iran Food Science & Technology (Food Quality Control) thesis title: The feasibility of structured oil systems production: oleogels based on hydrocolloids and beeswax in low saturated fat margarine Supervisor: Dr. Kooshan Nayebzadeh • 2012-2015 M.Sc. • Shahid Beheshti University of Medical Sciences, Iran Food Science & Technology (Food Quality Control) thesis title: The effect of pH, ionic strength and storage temperature on stability and physicochemical properties of oil-in-water emulsion in the presence of gum tragacanth • 2008-2012 B.Sc. Supervisor: Dr. Mohmmadamin Mohammdifar • Shahid Beheshti University of Medical Sciences, Iran Food Science & Technology (Food Quality Control) Academic Responsibilities • 2020-2022 • Head of Laboratories of the Nutrition Sciences and Food Industry Faculty Key Areas of Research Expertise	Personal Information		
Tertiary Education • 2015-2019 Ph.D. • Shahid Beheshti University of Medical Sciences, Iran Food Science & Technology (Food Quality Control) thesis title: The feasibility of structured oil systems production: oleogels based on hydrocolloids and beeswax in low saturated fat margarine • 2012-2015 M.Sc. • Shahid Beheshti University of Medical Sciences, Iran Food Science & Technology (Food Quality Control) thesis title: The effect of pH, ionic strength and storage temperature on stability and physicochemical properties of oil-in-water emulsion in the presence of gum tragacanth • 2008-2012 B.Sc. Supervisor: Dr. Mohmmadamin Mohammdifar • Shahid Beheshti University of Medical Sciences, Iran Food Science & Technology (Food Quality Control) The effect of pH, ionic strength and storage temperature on stability and physicochemical properties of oil-in-water emulsion in the presence of gum tragacanth • Shahid Beheshti University of Medical Sciences, Iran Food Science & Technology (Food Quality Control) Academic Responsibilities • 2020-2022 • Head of Laboratories of the Nutrition Sciences and Food Industry Faculty	Place of birth: Kurdistan		
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Academic Responsibilities • 2020-2022 • Head of Laboratories of the Nutrition Sciences and Food Industry Faculty	• 2008-2012 B.Sc.	Shahid Beheshti University of Medical Sciences, Iran Food	
 2020-2022 Head of Laboratories of the Nutrition Sciences and Food Industry Faculty 			
Key Areas of Research Expertise			

Use of various hydrocolloids in food products
Investigation of rheological properties and texture of food
Lipid-based food products and emulsions
Oleogels and its application in food
Functional bakery products
Food Preservation Methods
Food products safety

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•	Language	-	English /Farsi
•	Technical	-	Certificate of specialized courses GMP, HACCP, ISO22000 and audit from TUV/ Germany
		-	Business model generation course certificate
		-	Certificate of reduction of waste in the meat production and processing chain from FAO
		-	knowledge of X-ray diffraction, (XRD)
		-	knowledge of differential scanning calorimetry, (DSC)
•	Software	-	knowledge of particle size analyzer
		-	knowledge of microstructure evaluation methods, SEM
		-	knowledge of food texture assessment methods /Texture Analyzer and Rheometer
		-	Minitab, SPSS, Design Expert software, EndNote, Mendeley, Crystal ball

Articles

- Roshandel, Z., Zibaei, R. & Abdolmaleki, K. (2023). Characteristics of reduced-fat mayonnaise prepared by oleaster as a fat replacer and natural antioxidant. Food Science & Nutrition.
- Abedi-Firoozjah, R., Chabook, N., Rostami, O., Heydari, M., Kolahdouz-Nasiri, A., Javanmardi, F., Abdolmaleki, K. & Khaneghah, A. M. (2022). PVA/starch films: An updated review of their preparation, characterization, and diverse applications in the food industry. Polymer Testing, 107903.
- Abdolmaleki, K., Alizadeh, L., Nayebzadeh, K., Baranowska, H. M., Kowalczewski, P. Ł. & Mousavi Khaneghah, A. (2022). Potential application of hydrocolloid-based oleogel and beeswax oleogel as partial substitutes of solid fat in margarine. Applied Sciences, 12, 12136.
- Abdolmaleki, K., Javanmardi, F., Gavahian, M., Phimolsiripol, Y., Ruksiriwanich, W., Mir, S. A. & Mousavi Khaneghah, A. Emerging technologies in combination with probiotics for aflatoxins

- removal: an updated review. International Journal of Food Science & Technology, 2022, 57, 5712-5721.
- Jafarzadeh, S., Abdolmaleki, K., Javanmardi, F., Hadidi, M., & Mousavi Khaneghah, A. Recent advances in plant-based compounds for mitigation of mycotoxin contamination in food products: Current status, challenges and perspectives. International Journal of Food Science & Technology, 2022, 57(4), 2159-2170.
- Abdolmaleki K, Alizadeh L, Sheikhi, Z., & Nayebzadeh, K. Effects of Replacing Palm oil with Beeswax Oleogel on the Characteristics of Low-saturated Fatty Acid Margarine. Iranian Journal of Nutrition Sciences & Food Technology, 2022, 16(4), 53-66.
- Sheikhi, Z., Bazyari Shurabi, S., Farhoodi, M., Shojaee-Aliabadi, S., Aminifar, M., & Mashayekh, M. Study of Mechanical, Physical, Optical and Antioxidant Characteristics of β-Glucan Based Films Containing Extracts of Oak Trees. Iranian Journal of Nutrition Sciences & Food Technology, 2021, 16(3), 65-74.
- Abdolmaleki, K., Khedri, S., Alizadeh, L., Javanmardi, F., Oliveira, C. A., & Khaneghah, A. M. The mycotoxins in edible oils: An overview of prevalence, concentration, toxicity, detection and decontamination techniques. Trends in Food Science & Technology, 2021, 115, 500-511.
- Sheikhi Z, Mirmoghtadaie L, Abdolmaleki K, Khani MR, Farhoodi M, Moradi E, et al. Characterization of physicochemical and antimicrobial properties of plasma-treated starch/chitosan composite film. Packaging Technology and Science. 2021;34(7):385-92.
- Sheikhi Z, Hosseini SM, Khani MR, Farhoodi M, Abdolmaleki K, Shokri B, et al. Treatment of starch films with a glow discharge plasma in air and O2 at low pressure. Food Science and Technology International. 2021;27(3):276-85.
- Abdolmaleki K, Alizadeh L, Hosseini SM, Nayebzadeh K. Concentrated O/W emulsions formulated by binary and ternary mixtures of sodium caseinate, xanthan and guar gums: rheological properties, microstructure, and stability. Food Science and Biotechnology. 2020;29(12):1685-93.
- Alizadeh L, Abdolmaleki K, Nayebzadeh K. Effects of cooling rate and aging process on crystallographic structure, whipping, rheological, textural and thermal properties of frozen minarine. Food & Health. 2020;3(2):31-6.
- Sheikhi Z, Mirmoghtadaie L, Khani M, Farhoodi M, Beikzadeh S, Abdolmaleki K, et al. Physicochemical characterization of argon plasma-treated starch film. Journal of Agricultural Science and Technology. 2020;22(4):999-1008.
- Alizadeh L, Abdolmaleki K, Nayebzadeh K, Hosseini SM. Oleogel Fabrication Based on Sodium Caseinate, Hydroxypropyl Methylcellulose, and Beeswax: Effect of Concentration, Oleogelation Method, and Their Optimization. Journal of the American Oil Chemists' Society. 2020;97(5):485-96.

- Abdolmaleki K, Alizadeh L, Nayebzadeh K, Hosseini SM, Shahin R. Oleogel production based on binary and ternary mixtures of sodium caseinate, xanthan gum, and guar gum: Optimization of hydrocolloids concentration and drying method. Journal of texture studies. 2020;51(2):290-9.
- Alizadeh L, Abdolmaleki K, Nayebzadeh K, Shahin R. Effects of tocopherol, rosemary essential oil and Ferulago angulata extract on oxidative stability of mayonnaise during its shelf life: A comparative study. Food chemistry. 2019; 285:46-52.
- Abdolmaleki K, Mohammadifar MA, Sheikhi Z, Matinfar G, Nayebzadeh K. The Role of Oil Phase in the Stability and Physicochemical Properties of Oil-in-Water Emulsions in the Presence of Gum Tragacanth. Journal of the American Oil Chemists' Society. 2019;96(7):795-803.
- Alizadeh L, Abdolmaleki K, Nayebzadeh K, Bahmaei M. Characterization of sodium caseinate/Hydroxypropyl methylcellulose concentrated emulsions: Effect of mixing ratio, concentration and wax addition.

 International journal of biological macromolecules. 2019; 128:796-803.
- Abdolmaleki K, Alizadeh L, Nayebzadeh K. Temperature dependence of stability, steady and dynamic rheological properties of oil-in-water emulsions stabilized by gum tragacanth. Journal of Food Measurement and Characterization. 2019;13(3):1627-35.
- Shahi F, Hashemi A, Abdolmaleki K, Shahi Z, Amraei S, Goudarzi H, et al. Antibacterial effects of Quercus Brantii fruits and Stachys lavandulifolia methanol extracts on imipenemase-type metallo-beta lactamase-producing Pseudomonas aeruginosa. Research Journal of Pharmacognosy. 2017;4(3):59-66.
- Mollakhalili Meybodi N, Mohammadifar MA, Farhoodi M, Skytte JL, Abdolmaleki K. Physical stability of oil-in-water emulsions in the presence of gamma irradiated gum tragacanth. Journal of Dispersion Science and Technology. 2017;38(6):909-16.
- Sarlak Z, Mohammadi R, Abdolmaleki K, Mortazavian AM, Shadnoosh M. Effects of addition of different probiotic strains on the biochemical and microbiological properties of Aloe vera drink. Koomesh. 2016:117-27. Persian.
- Abdolmaleki K, Mohammadifar MA, Mohammadi R, Fadavi G, Meybodi NM. The effect of pH and salt on the stability and physicochemical properties of oil-in-water emulsions prepared with gum tragacanth.

 Carbohydrate Polymers. 2016; 140:342-8.
- Mollakhalili Mn, Mohammadifar Ma, Abdolmaleki K. Effect of irradiated Gum Tragacanth on the stability of oil in water emulsion. 2016. Persian.
- Mollakhalili Meybodi N, Mohammadifar M, Abdolmaleki K. Effect of dispersed phase volume fraction on physical stability of oil-in-water emulsion in the presence of gum tragacanth. Journal of food quality and hazards control. 2014;1(4):102-7.

Research Projects	
• 2023	- Production and evaluation of bigel characteristics based on lecithin
	and sodium caseinate and chitosan for ferulic acid
	release/Kermanshah University of medical sciences/supervisor
• 2023	- Baigel based on monoglyceride and hydroxypropilmethyl cellulose
	preparation, characterization and application in the release of ferulic
	acid/Kermanshah University of medical sciences/supervisor

• 2023	 Investigation the effects of falling water-ACP on dexification of aflatoxin B1 and qualitative properties of soymilk/Kermanshah University of medical sciences/ advisor
• 2023	 Production coating of Pickering nanoemulsion with carboxymethyl cellulose-chitosan-basil essential oil in order to increase the shelf life of cucumber/Kermanshah University of medical sciences/ advisor
• 2023	- A review on effective methods of reducing cholesterol in food/Kermanshah University of medical sciences/supervisor
• 2023	- Review on recent application of sugar substitutes in food products/Kermanshah University of medical sciences/supervisor
• 2023	 Production of synbiotic Rose hip leather/Kermanshah University of medical sciences/supervisor
• 2023	 Production of smart and active film based on polyvinyl alcohol containing sumac extract using electrospinning method/Kermanshah University of medical sciences/ advisor
• 2022	- Investigation of aflatoxin B1 degradation in sesame seeds using cold plasma method/Kermanshah University of medical sciences/supervisor
• 2022	- Current application of fat replacers and their challenges in low-fat mayonnaise/Kermanshah University of medical sciences/supervisor
• 2022	- The effect of cold plasma on the reduction of aflatoxin B1 in oat/ Kermanshah University of medical sciences/supervisor
2022	 Investigating the physicochemical and mechanical properties of PH-sensitive smart film with the combination of Panerak flower extract in polyacrylonitrile matrix using electrospinning method/Kermanshah University of medical sciences/advisor
• 2022	- An overview of cellulose and its derivatives application in smart/intelligent bio-based food packaging/ Kermanshah University of medical sciences/supervisor
• 2022	 Investigating the relationship between Plant-based diet Index (PDI) with hepatic steatosis and fibrosis evaluated by fibroScan among patients with non-alcoholic fatty liver/ Kermanshah University of medical sciences/assistant
• 2022	 Evaluating the relationship between adherence to the Mediterranean diet and severity of hepatic fat and risk of hepatic fibrosis in patients with non-alcoholic fatty liver disease/ Kermanshah University of medical sciences/assistant
• 2022	 A review on the application of active and intelligent packaging films based on starch polymers and polyvinyl alcohol/ Kermanshah University of medical sciences/supervisor
• 2022	- Assessing the risk of heavy metals in cheese samples from around the world/ Kermanshah University of medical sciences/assistant
• 2022	- Production of symbiotic diet ice cream yogurt, containing natural color and fortified with quinoa/ Kermanshah University of medical sciences/supervisor
• 2021	- Preparation and application of film based on gelatin / hydroxymethylcellulose (HPMC) and red beetroot betalain in smart

	food packaging/ Kermanshah University of medical
	sciences/supervisor
• 2021	 Investigation of the effect of fat replacement with structured oleogel of cress seed gum and ferula gammosa gum on physicochemical properties of hamburgers/ Kermanshah University of medical sciences/advisor
• 2021	 Fabrication and characterization of Oleogel stabilized by zein- xanthan particles/ Kermanshah University of medical sciences/supervisor
• 2021	 Production of low-fat rich mayonnaise enriched with vitamin D and prebiotics/ Kermanshah University of medical sciences/advisor
• 2021	 Design of intelligent active colorimetric indicators based on biodegradable biopolymers of nanofibers, gelatin containing lactoferrin and saffron pigment using electrospinning method for use in food packaging Kermanshah University of medical sciences/assistant
• 2021	 Intelligent packaging design based on natural biopolymers containing titanium dioxide nanoparticles and saffron pigment to increase the shelf life of fish/ Kermanshah University of medical sciences/assistant
• 2021	 production of beneficial cupcakes for celiac and diabetic patients/ Kermanshah University of medical sciences/supervisor
• 2020	 Design of multi-purpose intelligent packaging based on natural gelatin/carrageenan biopolymers containing titanium dioxide nanoparticles and barberry extract to increase product shelf life, monitor, control and track freshness and spoilage of seafood (fish) using pH index
• 2020	Evaluation of peeled oleaster (Elaeagnus angustifolia L.) flour (PO) and unpeeled oleaster flour (UPO) effect as an antimicrobial, stabilizer, and antioxidant in the production of mayonnaise/Kermanshah University of medical sciences/supervisor
• 2020	Internal evaluation of food Science & technology department of Kermanshah University of medical sciences in 2020/ Kermanshah University of medical sciences/Assistant
• 2020	The Effect of satureja kermanshahensisi Jamzad essential oil nanoemulsion on the physicochemical, Structural, ntibacterial and Antioxidant properties of gelatin- nano selenium composite films/ Kermanshah University of medical sciences/Advisor
• 2020	Assessment of aflatoxin B1 changes, in bread and traditional wheat- based products during processing and estimation of its Dietary Intake/ Kermanshah University of medical sciences/Advisor
• 2020	Risk assessment and exposure to aflatoxins B1 through the consumption of traditional cookies in Kermanshah/ Kermanshah University of medical sciences/Advisor

• 2017	 Effect of oil type on stability and physicochemical properties of oil- in-water emulsion in the presence of gossypinus tragacanth gum / Shahid Beheshti University of Medical Sciences / supervisor
• 2016	Investigation of temperature dependence of steady, unsteady rheological properties and Cox Merz law of oil in water emulsion stabilized with tragacanth gum / Shahid Beheshti University of Medical Sciences / supervisor
• 2016	Evaluation of production and optimization of structured oil systems: ethylcellulose and betacitosterol oleogels and hydrocolloid-based oleogels in margarine with low saturated fatty acid / Shahid Beheshti University of Medical Sciences / supervisor
• 2016	Investigation of the use of tragacanth gum as a walnut coating to prevent oxidation / Shahid Beheshti University of Medical Sciences / supervisor
• 2015	Using edible coatings as biological packaging for cheese storage / Shahid Beheshti University of Medical Sciences / supervisor
• 2013	The effect of pH, ionic strength and storage temperature on the stability and physicochemical properties of oil-in-water emulsion in the presence of tragacanth gum (Astragalus gosipinus) / Shahid Beheshti University of Medical Sciences / supervisor
Books	
20172017	 Collecting and compiling of comprehensive textbook for entrance exam of food science and technology.
• 2022	 Collecting and compiling of essential points for entrance exam of food science and technology.
	- Food hygiene and safety in emergencies
Inventions & Innovations	
• 2022	The production process of low saturated minarin using oleogel
• 2021	 based on hydroxypropyl methyl cellulose and rapid cooling and ripening pre-processe. Low saturated margarine production process using oleogel
	based on hydrocolloid
Conferences	
• 2018	 Abdolmaleki Khadije, Alizadeh, Leyla, Nayebzadeh Kooshan "Rheological properties of edible oleogels
• 2018	prepared with hydrocolloids" third national conference

•	2021	 Alizadeh, Leyla, Abdolmaleki Khadije, Nayebzadeh Kooshan. "Rheological properties balangu seed gum/sodium caseinate stabilized emulsions and oleogels". XIIIth International Conference of Food Physicists, Antalya – Turkey. Influence of palm oil replacement with wax-based oleogel on low saturated fat margarine/ 5th International Conference on Food Industry Sciences, Organic Farming and Food Security/ Tbilisi, Georgia
Preser	ntations & Published Abstr	racts
•	2018	 Abdolmaleki, K., Alizadeh, L. & Nayebzadeh, K. Comparing the rheological properties of emulsion and oleogel based on gum Tragacanth and sodium caseinate. XIIIth International Conference of Food Physicists, Akdeniz University.
Works	shops	
•	2020	Proper principles of cereal storage / Food and Drug
•	2021	Administration Adulteration in oils / Food and Drug Administration Food Rheology / Research Committee
Editor	ial Daniel and Danierrina	 The principles of GMP / Research Committee The familiarity with Mendeley software/ Research Committee
Editor	rial Board and Reviewing	
•	Reviewer in	 Food Hydrocolloids Journal of Dispersion Science and Technology Iranian journal of nutrition science and food technology International Journal of Food Science & Technology
Profes	sional Memberships	*
•		e:
Awar	ds & Grants	i Lines i oundation.
•	2012	• 6th Rank, entrance exam for the master course in food science and engineering.
•	2012	 1st Rank, entrance exam for the master course in food
•	2015	science and technology (food quality control).
•	2016, 2017, 2018	• 1st Rank, entrance exam for the Ph.D. course in food science and technology (food quality control).
		• Top student introduced to the iran's national elites foundation by the shahid beheshti university of medical sciences.